

# DOMROSCHEN RUMBA

## (Sleeping Beauty Rumba)

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RECORD: "Domroschen Rumba" Chacra Music, Ballroom Dancing under the Stars 3:01 length

SPEED: as downloaded

FOOTWORK: Opposite, except where noted

PHASE: IV+2 (Cuddles, Natl Top)

SEQUENCE: INTRO, A, B, C, A ENDING

RHYTHM: Rumba

### INTRO

#### 1 – 4 IN CUDDLE POS WAIT;; BASIC;;

**1&2]** in a cuddle pos wait 2 meas;; **Basic]** fwd L, rec R, sd L, -; bk R, rec L, sd R, -;



### A

#### 1 – 8 CUDDLE 3 TIMES;;; FAN; HOCKEY STICK TO A HANDSHAKE;; FLIRT TO FAN;;

**cuddle]** sd L lowering ld hnd and trng upper bd RF, rec R straightening bd, cl L to cuddle pos, - (swvl 1/2 RF on L stp sd R to 1/2 OP, rec L stg LF trn, fwd & sd R to cuddle pos, -);sd R trng bd LF, rec L straightening bd, cl R to cuddle pos, - (swvl 1/2 LF on R stp sd L to L1/2OP, rec R stg RF trn, fwd & sd L to cuddle pos, -); repeat meas 1; **fan]** bk R, rec L, sd R, -(fwd L, trng LF 1/4 sd & bk R, bk L, -); **hockey stick]** fwd L, rec R, cl L, - (cl R, fwd L, fwd R, -); bk R, rec L, fwd R following ptr, - to a R hnd shk ( fwd L, fwd R trng LF to fc ptr, sd & bk L, -); **flirt to fan]** fwd L, rec R, sd L, - (bk R, fwd L, fwd R trng LF to VARS, -); bk R, rec L, sd R, - (bk L, rec R, sd L trng 1/4 RF to fan pos, -);

#### 9 – 12 ALEMANA PREP; SD WLK 3; AIDA; HIP ROCK 3 TO FC;

**alemana prep]** fwd L, rec R, cl L ldg W to trn RF, - (cl R, fwd L, fwd R swvlg RF to fc ptr, -); **sd wlk w]** sd R, cl L, sd R, -; **aida]** to RLOD thru L, sd R, bk L trng RF to a V pos, -; **hip rk 3 to fc]** rk sd R rotating hips sd & bk, -, rec L w/ hip roll, rec R swvlg LF to fc ptr; **cuca x]** sd R, rec L, XRiF to CP, -;

#### 13–16 CUCARACHA X to CP; SD WLK 3; LATIN WHISK; CRAB WLK 3;

**cuca x]** sd R, rec L, XRiF to CP, -; **sd wlk]** sd R, cl L, sd R, -; **latin wsk]** XLib, rec R, sd L, -; **crb wlk]** XRif, sd L, XRif, -;

### B

#### 1 – 8 OP BREAK; SPOT TRN; 1/2 CHASE;; CUCARACHA X TWICE;; FINISH CHASE;;

**op brk]** rk apt L xtnd R arm up along sd of bdy, rec R lowering R arm, sd L, -; **spt trn]** XRIF stg 1/2 LF trn, rec L fing trn, sd R, -; **1/2 chs]** fwd L stg 1/2 RF trn, rec fwd R, fwd L, - (bk R, rec L, fwd R, -); fwd R stg 1/2 LF trn, rec fwd L, fwd R, - (fwd L stg 1/2 RF trn, rec R, fwd L, -); **cuca x twice]** sd L, rec R, XLiF, -; sd R, rec L, XRiF, -; **fin chs]** fwd L, rec R, bk L, - (fwd R stg 1/2 LF trn, rec L, fwd R, -); bk R, rec L, fwd R, -;

#### 9-12 SD WLK 3; CRAB WLK 3; SD WLK 3; WHIP;

**sd wlk 3]** sd L, cl R, sd L, -; **crb wlk 3/]** repeat meas 16 part A; **sd wlk 3]** repeat meas 9 part B; **whp]** bk R stg 1/4 LF trn, rec fwd L trng 1/4 to complete turn, sd R, - to low BFLY (fwd L outsd M on his L sd, fwd R trng 1/2 LF, sd L, -);

**13-16 SD WLK 3; CRAB WLK 3; SD WLK 3; WHIP;**

repeat meas 9 thru 12 part B to CP;;;;

**C**

**1 – 6 FWD BASIC to; FULL NATL TOP;;; FENCE LINE; UNDERARM TURN;**

**fwd bas]** fwd L, rec R, bk L stg LF trn, -; **full ntl top]** XRIB trn, sd L trn, XRIB trn, - (sd R trn, XLIF trn, sd R trn, -); sd R trn, XLIB trn, sd R trn, - (XLIF trn, sd R trn, XLIF trn, -); XRIB trn, sd L trn, cl R, - (sd L trn, XRIF trn, sd L, -); **fnc line]** X lun L, rec R, sd L, -; **undrm trn]** raising ld hnds trng bdy slightly RF XRIB, rec L to fc ptr, sd R, - (XLIF trng 1/2 RF undr jn ld hnds, rec R to fc ptr, sd L, -);

**7 – 12 LARIAT;; BASIC;; CHASE w/ UNDERARM PASS;;**

**lariat]** stp in plc L, R, L, - (circ M CW w/ jnd ld hnds fwd R, fwd L, fwd R, -); R, L, R,- (fwd L, fwd R, sd L to end fcg M, -); **basic]** repeat meas 3 & 4 of INTRO;; **chs w/ undrm pass]** fwd L trng 1/2 RF, rec fwd R, fwd L, - (rk bk R, rec fwd L, fwd R twd Ms L sd, -); bk R raisng jn ld hnds, rec L, sd R, - (fwd L, fwd R trn 1/2 LF undr jn ld hnds to fc ptr, sd L, -);

**13-16 SHOULDER TO SHOULDER TWICE;; 1/2 BASIC; WHIP;**

**shldr-shldr 2x]** fwd L to bfly scar, rec R to fc, sd L, -; fwd R to bfly bjo, rec L to fc, sd R, -; **1/2 basic]** repeat meas 3 of Intro; **whip]** repeat meas 12 part B;

**REPEAT PART A to CP;;; ;;; ;;; ;;; ;;;**

**ENDING**

**1 – 8 1/2 BASIC; FAN; HOCKEY STICK ;; LARIAT;; TIME STEP TWICE to CP;;**

**1/2 basic]** repeat meas 3 of Intro; **fan]** bk R, rec L, sd R, - (bk L, rec R, sd L trng 1/4 RF to fan pos, -); **hcky stk]** fwd L, rec R, cl L, - (cl R, fwd L, fwd R, -); bk R, rec L, fwd R following ptr, - (fwd L, fwd R trng LF to fc ptr, sd & bk L, -); **lariat]** repeat meas 7 & 8 part C;; **time stp 2x]** repeat meas 9 & 10 part A to CP;;

**9-10 SLOW DIP BK; SLOW LEG CRAWL**

**slw dip bk]** slw dip bk L w/ 1/4 trn LF, hold, hold, -; **slw leg crawl]** W bring L leg slowly up along outsd of Ms R leg;